



Easy read

# Some ideas for how to make projects work well for people with disabilities and their rights



# About us

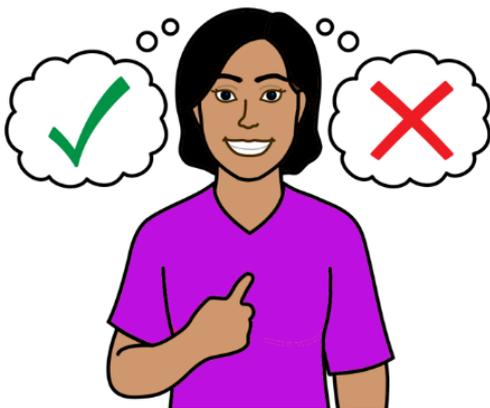


We are called the **United Nations Population Fund (UNFPA)**.



We are part of the United Nations.

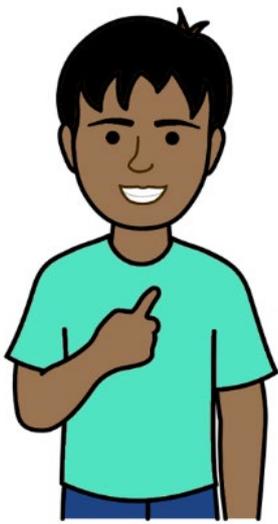
The United Nations is where 193 countries work together to make the world better and safer.



We work to make sure that everyone gets their rights to do with:

- Being safe from violence.
- Making their own choices about their bodies, health, sex and having children.
- Getting the information, health care and support they need to get their rights.





Rights are things that we all have.

For example, everyone has the right to be safe and treated fairly.

That includes people with disabilities.

## About this document



This document is about how to include people with disabilities in important work and projects.

That includes women and girls with disabilities.

They are often left out and treated unfairly.



We have projects in different countries that support people to get their rights.

For example, we have projects to support people when there are big problems like war or floods.



We are making sure that people with disabilities are not left out.



For example, we have a big project called **We Decide**.

The project supports the rights of women and young people with disabilities.

The project has helped us to include people with disabilities in all our work.

We also have a plan about how we will include people with disabilities in our work.

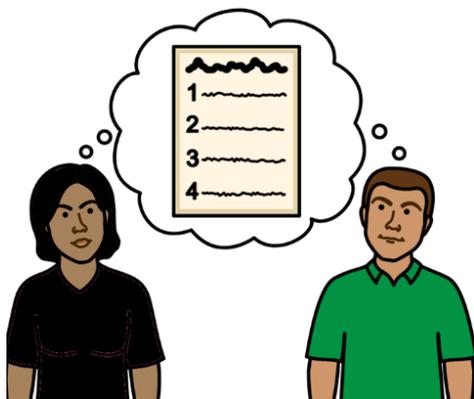
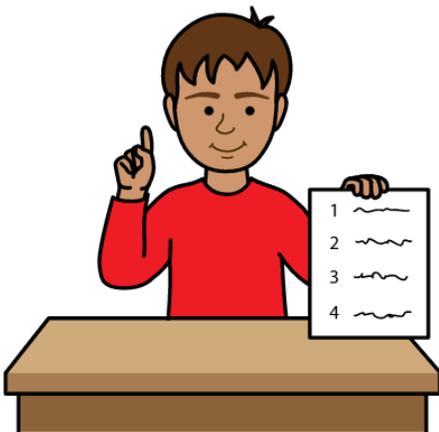
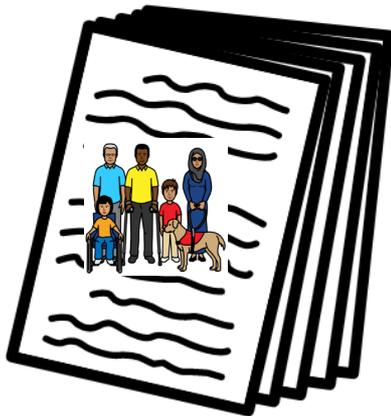
This document has some examples of how to include people with disabilities so they get their rights.

The examples are from work that we have done.

The examples can help other people to include people with disabilities as well.

For example:

- Other parts of the United Nations
- Other countries and organizations



# Some good examples of how to include people with disabilities

## 1. Get good information about people with disabilities and what they need



It is important to get good information about what is happening to people with disabilities and what they need.

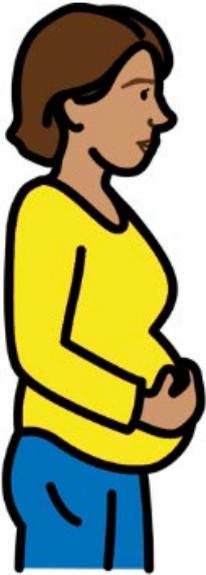
That helps everyone to know what should happen next.



We have projects that are helping to get better information about people with disabilities.

That includes information about women and girls with disabilities.

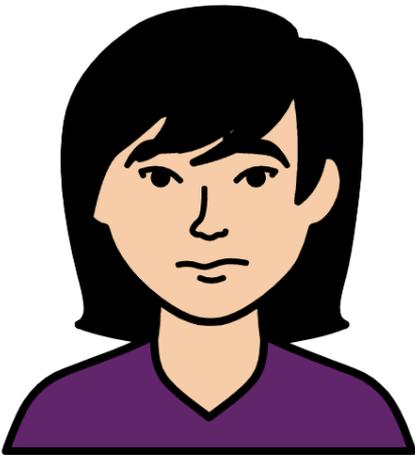
For example:



We helped to get better information about health care for people with disabilities.

This health care is to do with their bodies, sex, relationships and having children.

We also got information about problems that people with disabilities have getting health care.



We helped to get better information about violence that happens to people with disabilities.

The violence is called **gender-based violence**.

It can happen to anyone. But it usually happens to women and girls.



We helped some governments to get better information about people with disabilities in the country.

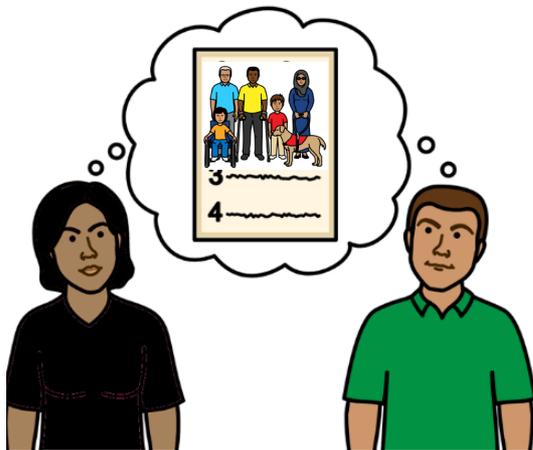
That will help the governments to make better plans.



There are some good questions that governments can ask about people with disabilities.

They are called the Washington Group Questions.

## 2. Make sure that all projects include people with disabilities

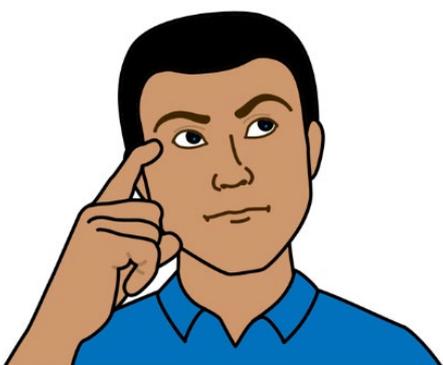


That means thinking about people with disabilities and what they need.

And making sure that people with disabilities are part of all projects.



For example, we include women and girls with disabilities in many projects about violence.



We think about how to include people with disabilities in all projects that we are already doing

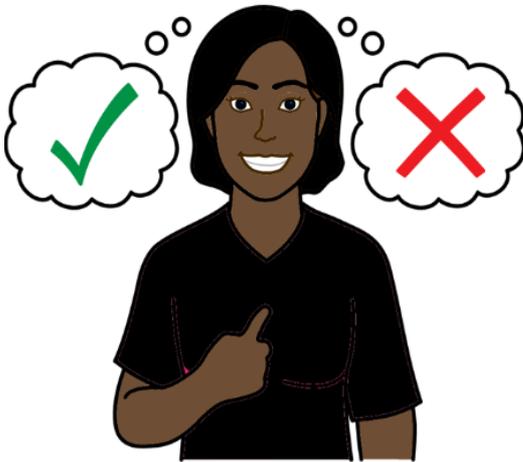
But sometimes we might start new projects just about people with disabilities.



We have also worked with other parts of the United Nations on projects to support people with disabilities.

For example, we have worked on projects about the rights of women and girls.

The projects have helped to:



- Tell women and girls with disabilities about their rights to do with their bodies, sex, relationships and having children

- Support women and girls with disabilities to stand up for their rights

- Help other people to change the way they think about women and girls with disabilities

- Make sure that women and girls with disabilities get the right health care and support



For example, if someone is violent to them



Some projects might need extra money and staff to include people with disabilities.

For example, some of our projects have a person in charge of supporting people with disabilities.

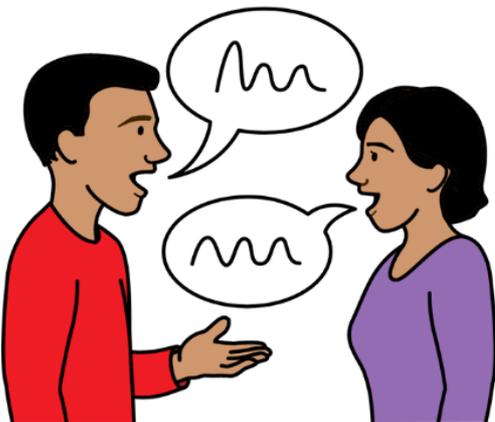
### 3. Work with people with disabilities



We are working more with people with disabilities on our projects.

That is very important.

It helps our projects to work well for people with disabilities.



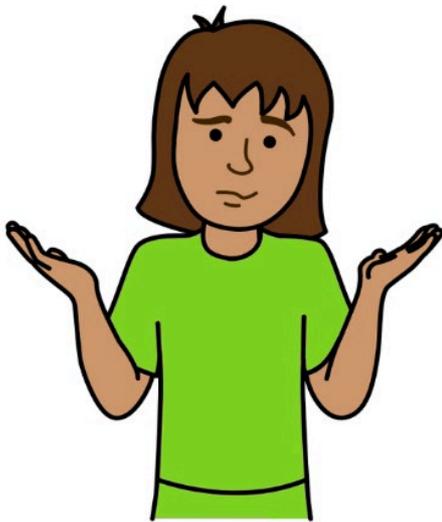
For example, we worked with people with disabilities right from the start of our project called We Decide.

That means people with disabilities helped to make decisions about the project and how it should work.



Working with people with disabilities has helped us to make things better for people with disabilities.

For example, it has helped us to make our buildings, meetings and information better for people with disabilities.



But it can still be hard for people with disabilities to take part in projects.

For example, they might need extra training, money and support.



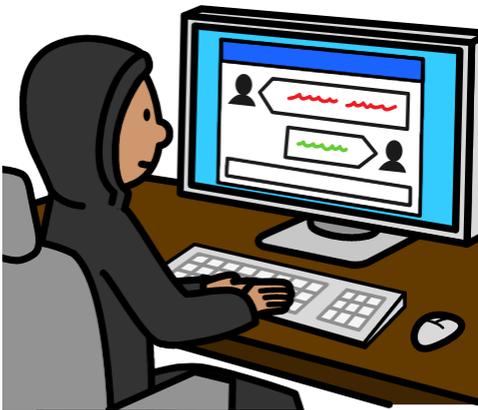
We have worked to make it easier for people with disabilities to take part in some projects.

For example, by giving people with disabilities support to take part in meetings.



It is important to work with many different people with different disabilities.

For example, women and young people with disabilities.



We have also supported some young people with disabilities to take part more.

For example, a young person with a disability made a website for one project.

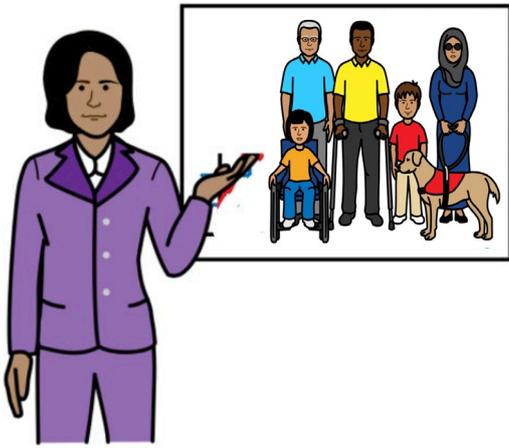
The website supports young people with disabilities to speak up.

#### **4. Work with governments and health services**



We have worked with governments in different countries to make sure that people with disabilities get their rights.

For example, we have given governments information and training about how to include people with disabilities.

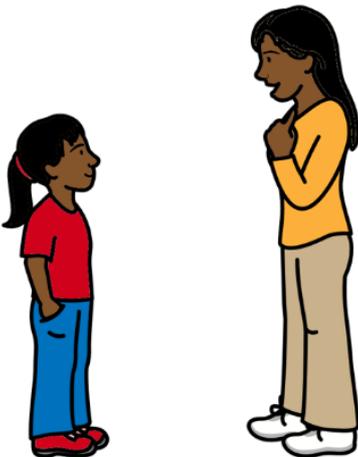


We have also given health workers training about sign language and the rights of people with disabilities.



We have also worked with governments to help make laws and rules.

For example, we worked with some governments on new laws about disability.



We helped one government to work with women and girls with disabilities on a new law.

Governments should work more with people with disabilities.



We also helped to make one law that makes it easier to understand how to stop violence.