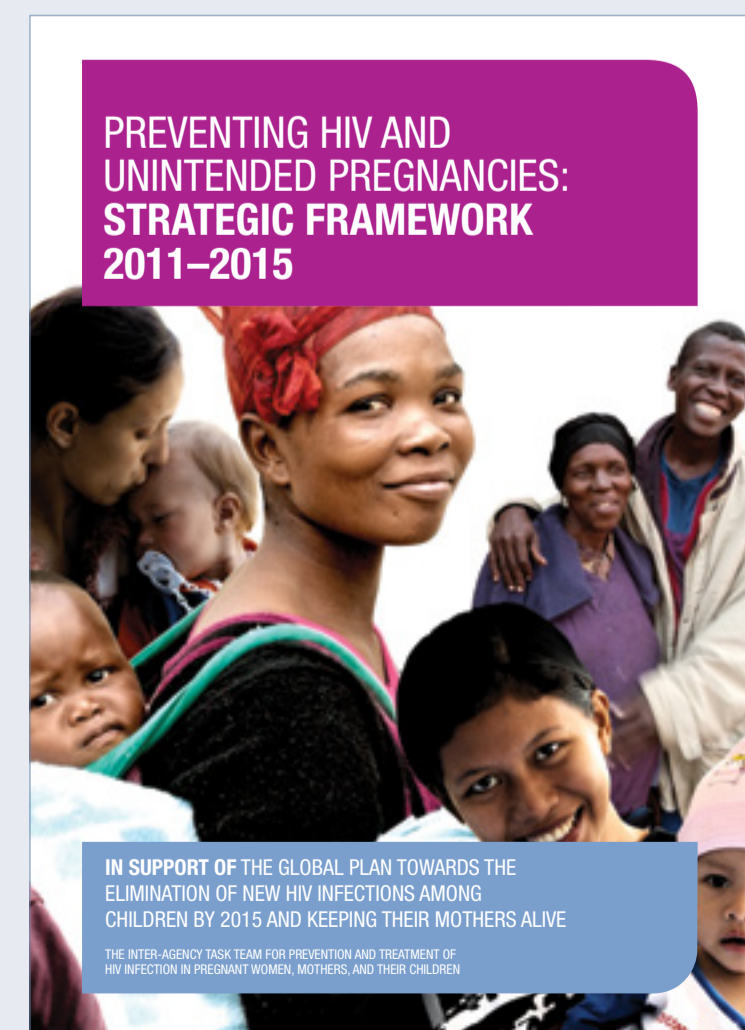
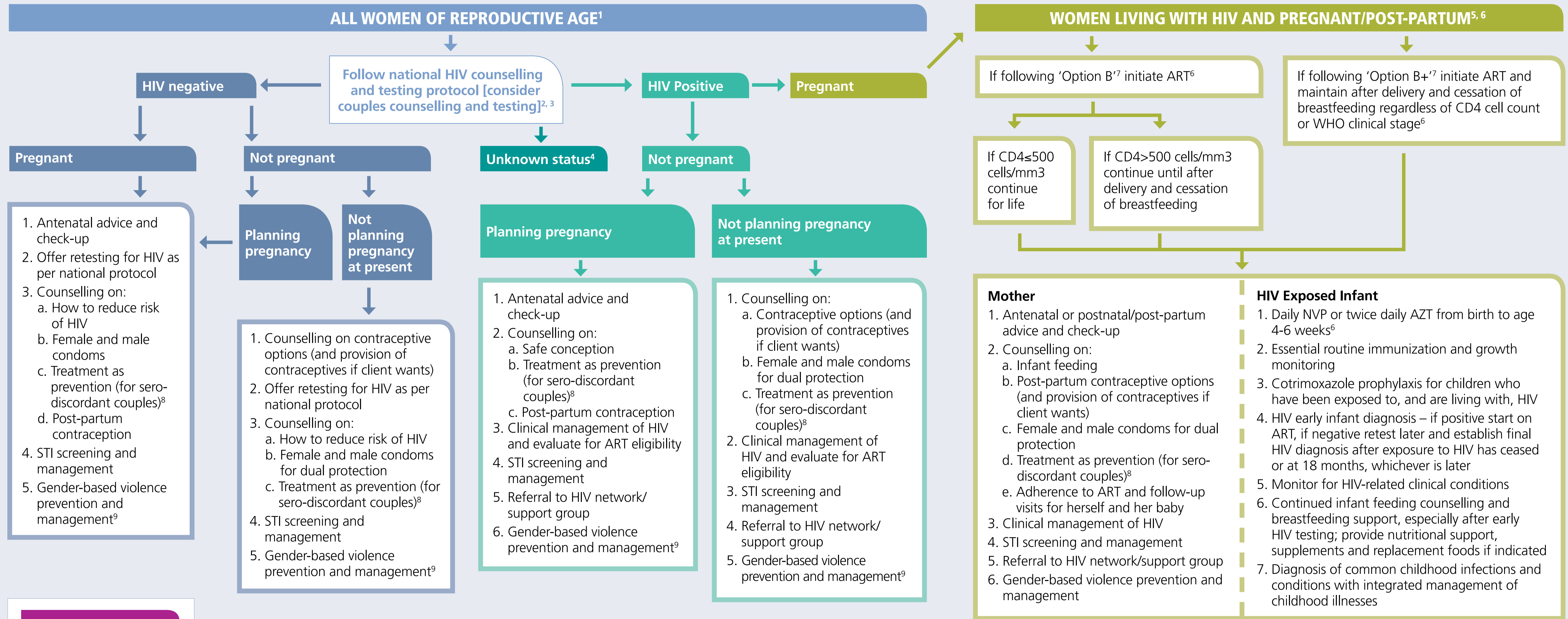


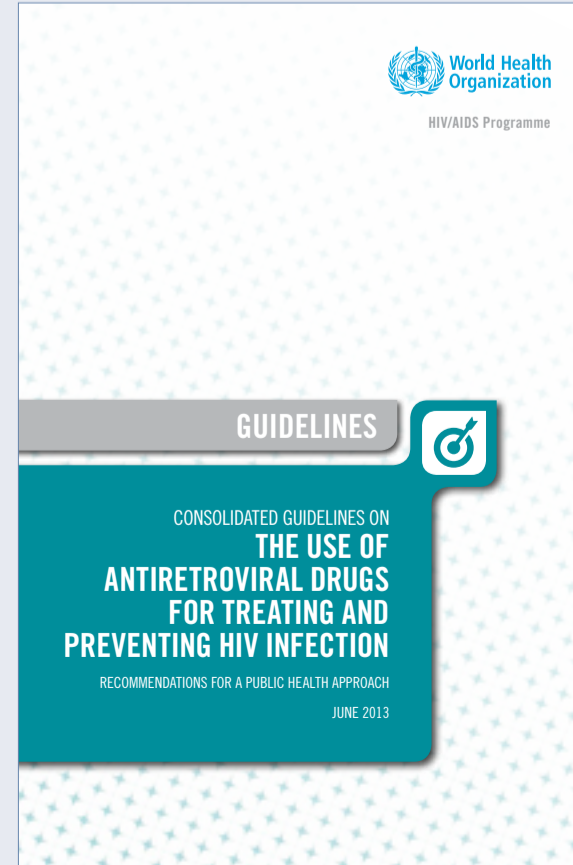
ELIMINATING MOTHER-TO-CHILD TRANSMISSION OF HIV AND KEEPING THEIR MOTHERS ALIVE

JOB AID FOR HEALTHCARE WORKERS



OVERARCHING PRINCIPLES

- Deliver services from a rights-based approach (i.e. ensuring choice, confidentiality and non-discrimination)
- Involve the male partner wherever possible
- Provide facilitated referrals to other services as appropriate



1. Refer to national protocols and the IATT document *Preventing HIV and Unintended Pregnancies: Strategic Framework 2011-2015* available from www.srhivlinkages.org/content/uploads/docs/articles/pmtct1_2_en.pdf
2. National HIV Counselling and Testing Protocols will address how to progress if 1) the client does not agree to testing; 2) client is of documented or self-reported HIV-negative status; 3) when to repeat testing for HIV negative client
3. For more information on couples counselling and testing see WHO (2012) *Guidance on couples HIV testing and counselling – including antiretroviral therapy for treatment and prevention in serodiscordant couples: Recommendations for a public health approach* available from www.who.int/hiv/pub/guidelines/9789241501972/en/
4. National HIV Counselling and Testing Protocols will address how to progress if the client does not agree to testing and HIV-status is unknown
5. Refer to national ART protocols and the IATT toolkit *Expanding and Simplifying Treatment for Pregnant Women Living with HIV: Managing the Transition to Option B/B+* available from www.emtct-iatt.org/toolkit/
6. For more information on treatment guidelines and recommended regimens see the latest WHO guidelines (2013) *Consolidated Guidelines on the use of antiretroviral drugs for treating and preventing HIV infection* available from: www.who.int/hiv/pub/guidelines/arv2013/download/en/index.html
7. Decision about whether to follow Option B or Option B+ should be taken at the national level
8. Treatment as prevention is a term used to describe HIV prevention methods that use ART in HIV-positive persons to decrease the chance of HIV transmission independent of CD4 cell count. More information is available from WHO (2012) *Antiretroviral Treatment as Prevention of HIV and TB: Programmatic Update* available from: www.who.int/hiv/pub/mtct/programmatic_update_tasp/en/ Also see footnote 3.
9. For more information about the package of essential services to be provided see sections 5 and 7 of *Preventing HIV and Unintended Pregnancies: Strategic Framework 2011 - 2015* available from www.srhivlinkages.org/content/uploads/docs/articles/pmtct1_2_en.pdf